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| SEPTEMBER 2022  **MONDAY**  [This Photo](https://maken.wikiwijs.nl/137409/Voedingsleer) by Unknown Author is licensed under [CC BY](https://creativecommons.org/licenses/by/3.0/) | **TUESDAY** | **WEDNESDAY** | 1  **THURSDAY**  Corn Muffin & Cheese Stick  Taco Pasta Bake  Green Beans  Strawberries  Milk  Goldfish & Sliced Apples | 2  **FRIDAY**  Animal Crackers & Banana  Scrambled Eggs & Toast  Steamed Broccoli  Applesauce  Milk  Parfait & Granola |
| 5  Mini Muffin & Banana  Meatballs & Brown Rice  Green Beans  Pineapple Tidbits  Milk  Wheat Toast & Sun Butter | **6**  Yogurt & Triscuits  **Ham & Cheese Stackers**  **Kernel Corn**  **Peaches**  **Milk**  Pretzels & Cottage Cheese | **7**  Graham & Cream Cheese  **Beef Soft Taco**  **Steamed Broccoli**  **Mandarin Oranges**  **Milk**  Wheat Thins/Sliced Turkey | **8**  Corn Muffin & Cheese Stick  **Turkey & Cheese Sandwich**  **Mixed Veggies**  **Pears**  **Milk**  Goldfish & Sliced Apples | **9**  Animal Crackers & Banana  **Lasagna Bake**  **Steamed Peas & Carrots**  **Mixed Fruit**  **Milk**  Parfait & Granola |
| 12  Mini Muffin & Banana  Spaghetti & Meatballs  Steamed Peas  Pears  Milk  Wheat Toast & Sun Butter | **13**  Yogurt & Triscuits  **Ham & Cheese Sandwich**  **Cucumber & Dip**  **Strawberries**  **Milk**  Pretzels & Cottage Cheese | 14  Graham & Cream Cheese  **Cheesy Pasta & Diced Ham**  **Mixed Veggies**  **Peaches**  **Milk**  Wheat Thins/Sliced Turkey | **15**  Corn Muffin & Cheese Stick  **Beef Stroganoff**  **Kernel Corn**  **Pineapple Tidbits**  **Milk**  Goldfish & Sliced Apples | **16**  Animal Crackers & Banana  **Chicken Nuggets**  **Green Beans**  **Mixed Fruit**  **Milk**  Parfait & Granola |
| 19  Mini Muffin & Banana  Beef Hot Dog & Bun  Kernel Corn  Peaches  Milk  Wheat Toast & Sun Butter | **20**  Yogurt & Triscuits  **Scrambled Eggs/Pancakes**  **Steamed Broccoli**  **Pears**  **Milk**  Pretzel & Cottage Cheese | **21**  Graham & Cream Cheese  **Chicken Patty Sandwich**  **Mixed Veggies**  **Pineapple Tidbits**  **Milk**  Wheat Thins/Sliced Turkey | **22**  Corn Muffin & Cheese Stick  **Chili Mac**  **Green Beans**  **Mandarin Oranges**  **Milk**  Goldfish & Sliced Apples | **23**  Animal Crackers & Banana  **Fish Sticks & Brown Rice**  **Steamed Peas**  **Applesauce**  **Milk**  Parfait & Granola |
| 26  Mini Muffin & Banana  Sloppy Joe on Bun  Cucumber & Dip  Peaches  Milk  Wheat Toast & Sun Butter | **27**  Yogurt & Triscuits  **Pepperoni & Cheese Pizza**  **Kernel Corn**  **Applesauce**  **Milk**  Pretzel & Cottage Cheese | **28**  Graham & Cream Cheese  **Chicken Rice Casserole**  **Steamed Carrots**  **Pears**  **Milk**  Wheat Thins/Sliced Turkey | **29**  Corn Muffin & Cheese Stick  **Scrambled Eggs & Toast**  **Steamed Broccoli**  **Strawberries**  **Milk**  Goldfish & Sliced Apples | **30**  Animal Crackers & Banana  **Taco Pasta Bake**  **Green Beans**  **Mixed Fruit**  **Milk**  Parfait & Granola |